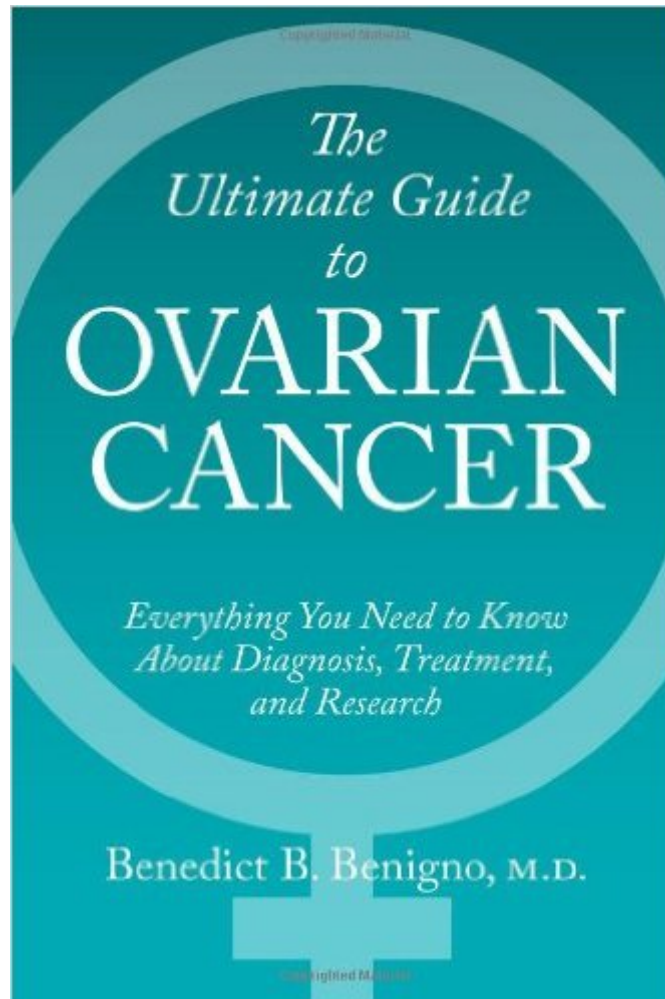


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# The Ultimate Guide To Ovarian Cancer



## Synopsis

Twenty-five thousand American women will get ovarian cancer this year. No screening test exists for this disease, and the symptoms are often vague and mistaken for other illnesses. This cancer is almost always diagnosed in advanced stages, thus requiring extensive surgery and heavy doses of chemotherapy. The recurrence rate is close to 80%, which means most ovarian cancer patients will need additional chemotherapy and sometimes more surgery. In this breakthrough book, Dr. Benedict B. Benigno offers a compassionate, easy-to-understand in-depth look into standard and out-of-the-box ovarian cancer treatments and a thorough examination of the basic science research that will eventually cause a revolution in the way all cancers will be treated. His own patient experiences are interwoven with the stories of survivors who beat the odds. The evolution of a simple, new diagnostic test is described in detail—a test which may prove to be 100% accurate and which may offer women a way to be screened for ovarian cancer when it is at its earliest stage. The cure rate for a stage one ovarian cancer is over 90%! In this book you will:

- Learn what symptoms to look for to help diagnose ovarian cancer earlier.
- Get clear facts about current modalities of diagnosis and treatment.
- Gain an insight from a board certified gynecologic oncologist into new forms of therapy not yet standard of care for ovarian cancer.
- Discover how basic science is the key to new ovarian cancer therapy and why molecular biologists will soon replace oncologists.
- Find out how advances in genetic research will eradicate many current forms of cancer treatment.

The Ultimate Guide to Ovarian Cancer is the one book you want to read if your life has been even remotely touched by ovarian cancer.

## Book Information

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## Customer Reviews

There is no exaggerating the anguished terror this usually-too-late-detected disease inspires. Benigno's book should be the first one you grab. It presents the very latest information on effective treatment in easily digestible form. Equally valuable is the humane charm of its author, an authority at the international forefront of treatment and research. Like an intimate conversation in his office, this book turns despair into encouragement.

I am 44 years old & I am a 6-year survivor of stage 3c ovarian cancer. I've had the disease 4 times. Treatment has been tough (understatement), but I'm here and hopeful. I think the world of my medical team, led by Dr. Benedict Benigno (my gyn oncologist in Atlanta). He has devoted his life to helping women with ovarian cancer and developing an early screening test, which could save so many lives. He's written a book about ovarian cancer that is comprehensive, informative and very real. It includes stories from survivors, myself included, in our very own words. If you are battling ovarian cancer, know someone in the fight, or simply want to learn more about this often-overlooked disease, this book is a must: "The Ultimate Guide to Ovarian Cancer," by Benedict B. Benigno, M.D.

Dr Benigno hands over the goods on how to manage awareness of cancer's symptoms, doctor/patient relations, the importance of the sanguine soul - and heartening information on research to find an annual early detection system for ovarian cancer, like the pap for uterine cancer, which his institute is spearheading. With empathy, humor, a Jesuit educated literary brilliance that can spin the perfect quote to elucidate every major point in his treatise, (and thus make the texts not only informative but reflective of how this tragic illness mirrors aspects of the entire human condition), this top gynecologic oncologist surgeon gives the reader the gift of understanding, hope and the necessity of taking control of her own destiny. In a discussion of who is the audience for this informative two hour read: every woman - whether she has had cancer, is a cancer care professional, or not . This book sets the bar for fair, honest dealing with disease and a great attitude toward adversity.

Excellent book for explaining what the focus is in the research for ovarian cancer. It was a realistic view of what it is like having this disease. I am giving the book to any member of my support group who wants to read a book from a doctor who has spent his entire career working on finding a test that would detect the disease in the early stage when it is very treatable.

I am an ovarian cancer survivor who has also written a book about this lesser known disease (Outshine: An Ovarian Cancer Memoir). Dr. Benigno presents concise and easy to understand information and some patient stories. I highly recommend the book for anyone and everyone. Women need to know about ovarian cancer.

Information and research is changing so rapidly-- I'd almost prefer a website with a sign up fee -- and then it is updated with the newest information. I'd subscribe to that! However, the book is a good overview of what's out there and what to expect.

This was my daughters doctor. Though she died from a recurrence of ovarian cancer in 2012, this made me more aware of what took place with her. I did not understand much while going through her illness.

Eight years ago, Dr. Benedict Benigno asked me, "Why are you here?" A simple yet powerful question---one I will never forget. Over the years, I have been extremely grateful for Dr. Benigno's clinical expertise and skill---he is brilliant, top notch in his field. Equally, I have valued his patient approach---caring, honest, hopeful. At the time of my diagnosis, I knew the facts about ovarian cancer. I read every survivor story I could find. What was not available at the time, and what I appreciate most about Dr. Benigno's book, is that it provides the perspective of a physician and his patients---a physician who happens to be a gifted writer, cutting edge researcher, and a historian! From my perspective, the book is one-of-a-kind---highly informative, science-based yet personal, with great insights and reason for hope.

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